

BRACKNELL ICE SKATING CLUB FIELD MOVES COMPETITION

Tuesday 12th January 2010 5 - 7 pm

RULES

All competitors must be members of Bracknell Ice Skating Club and coached at Bracknell Ice Rink in order to enter club competitions. Competitors may enter a maximum of one class.

The competition is open to all members aged 21 and under and may be further sub-divided by age

Classes may be cancelled or combined if there are too few entries

The closing date for entries is **7.30 a.m. Monday 4th January 2010** however in the event of there being too many entries for the time available, entries will be accepted on a first come first served basis. Entries received after the competition is fully allocated and before the closing date will go on a waiting list in case a competitor withdraws.

The draw will be on Tuesday 5th January in the café at 5.30 p.m.

The NISA test standard required is the field moves test level held as at the closing date of the competition. Maximum standards also include equivalents * and equivalent dance moves

A competitor may apply to compete in a higher class than their test level allows only if they are officially scheduled to take the field moves test for the next level up after the closing date but on or before the date of competition and if their coach agrees that they may skate in that higher class. The application must be made by the closing date.

Maximum standards also include equivalents* and equivalent dance moves.

In any case of uncertainty the decision of the club competition secretary (free skating) is final.

THE FIELD MOVES TROPHY WILL BE PRESENTED TO THE SKATER WHO MOST IMPRESSES THE JUDGES OVERALL

Class	Criteria	Elements
1	Skaters must not have passed Level 1 field moves test	Level 1 exercise 2: Backward outside edge in a sustained position Level 1 exercise 3: Forward and backward crosscuts in a figure of eight pattern
2	Skaters must not have passed Level 2 field moves test	Level 2 exercise 2: Perimeter skating - cross rolls Level 2 exercise 4: Forward inside open mohawk exercises
3	Skaters must not have passed Level 3 field moves test	Level 3 exercise 1: Forward perimeter change of edges Level 3 exercise 2: Forward and backward three turns
4	Skaters must not have passed Level 4 field moves test	Level 4 exercise 2: Forward outside closed mohawk sequence Level 4 exercise 4: Backward stroking with extended positions
5	Skaters must not have passed Level 5 field moves test	Level 5 exercise 2: Forwards and backwards one foot slalom Level 5 exercise 4: Open choctaw exercise
6	Skaters must not have passed Level 6 field moves	Level 6 exercise 2: Perimeter skating - inside rockers Level 6 exercise 4: Perimeter skating - forward brackets
7	Skaters must not have passed Level 7 field moves	Level 7 exercise 2: Backward rocker and choctaw Level 7 exercise 4: Back inside brackets
8	Skaters must have passed Level 7 field moves	Mystery field moves no. 1 and no. 2 These will be two separate field move variations demonstrated during the competition by a coach & be suitable for anyone with skills gained from inter silver or level 7 + field moves

^{*} Equivalents: Novice - Level 1, Prelim - Level 2, Inter Bronze - Level 4, Bronze - Level 6, Inter Silver - Level 8

The entry fee is £5 per class (cheque to BISC is preferred). Entry forms are available in the Club folder or can be downloaded from the BISC website. Put completed entry forms and fees in an envelope marked "field moves competition" in the club folder at reception. Direct any queries to competitions@bracknell-ice-skating-club.co.uk

No verbal or late entries will be accepted.