



BISC DANCE COMPETITION

Tuesday 29th June 2010 at 5.00pm

Rules

- ❖ All entrants must be members of BISC and must be coached at Bracknell.
- ❖ As time is limited it may be necessary to limit the number of entries in each class. Priority will be given to skaters who will be competing in the solo dance championships. Entries will only be accepted when the entry form is accompanied by the entry fee. Telephone or e-mail entries will not be accepted.
- ❖ The draw for the order of skate will take place on Monday 28th June 2010 at 10.30am.
- ❖ NISA standard is as at the closing date. The minimum test standards are recommended only.
- ❖ No maximum standards.
- ❖ Closing date is Monday 28th June at 10am.
- ❖ Required elements for free dances as are per rules and regulations for solo dance championships 2010. See NISA website for full details.
- ❖ **Compulsory dances as per the draw for the championships (see below)**

| Class # | Description | Recommended minimum test | Details |
|---------|-------------------------|--------------------------------------|---|
| 1 | Pre-Novice | Level 2 FM and CD | American Waltz (2 seq) |
| 2 | Novice | Level 3 FM and CD | Tango (4 seq) |
| 3 | Junior | Level 5 FM and CD | Quickstep (2 seq) |
| 4 | Intermediate | Level 7 FM and CD | Killian (4 seq) |
| 5 | Senior | Level 9 FM and CD | Viennese Waltz(2 seq) |
| 6 | Pre Novice Free dance | Level 2 FM and CD and 2 variation/OD | Programme length 1 min 30 secs +/- 5 secs |
| 7 | Novice Free dance | Level 3 FM, CD OD and FD | Programme length 1 min 30 secs +/- 5 secs |
| 8 | Junior Free Dance | Level 5 FM CD OD and FD | Programme length 2 mins +/- 5 secs |
| 9 | Intermediate Free Dance | Level 7 FM CD OD and FD | Programme length 2 minutes +/- 5 secs |
| 10 | Senior Free Dance | Level 9 FM CD OD and FD | Programme length 3 mins +/- 10 secs |

Abbreviations: CD=compulsory dance, OD = original dance, FM = field moves FD free dance

The entry fee for all classes is £5. Entry forms are available from the club folder or can be downloaded from the BISC website. Please put completed entry forms and fees (cheques made payable to BISC) in the club folder.

V.3 18.06.2010