



Get the Edge

Would like to welcome skaters and coaches to our

Summer Skating Camp 2011

Monday 25th July – Friday 29th July 2011

Presenting international guest coach

Michael Huth

and

Simon Briggs (ISU Technical Specialist)

Debi Briggs (NISA Level 5 Coach)

Yvonne Cameron (NISA Level 5 Coach)

Debbie Watson (NISA Level 4 Coach)

Dundee Ice Arena
Camperdown Leisure Complex,
Kingsway West,
Dundee
DD2 3SQ

01382 889369
0774 010 4596

E mail. icecoachingelite@aol.com

Get the Edge 2011

Summer Skating School with Michael Huth Monday 25th July – Friday 29th July 2011

Since 1994, Get the Edge has been successfully hosting annual summer schools for skaters of all levels and nationality. Our experience has led to well organised schedules with a perfect balance of specific on and off-ice classes, activities, and training techniques, allowing you to improve your skating and at the same time enjoy your summer in Dundee.

On-ice training will be held in the mornings at Dundee Ice Arena, which is set within the beautiful grounds of Camperdown Park and golf course. Lunch will be provided at David Lloyd Centre, followed by off-ice training in the afternoons.

We aim that skaters leave our camp inspired and prepared to train for the coming season.

Technical Team

Michael Huth

We are delighted to welcome Michael Huth to our second Braehead skating camp. During his competitive career, Michael represented East Germany. He was the 1988 East German national champion and competed at the 1988 Winter Olympics in Calgary. He coaches in Oberstdorf. His current and former students include European Champions Carolina Kostner and Tomáš Verner.

Simon Briggs

Simon is coach to the two times British Men's Champion, Matthew Parr. He is a NISA Level 4 coach in both singles and pairs. He is one of the world's leading Technical Specialists, officiating in 2010 Olympic Games, 2009 World Championships and 2008 European Championships, along with many other international and national events. He is Coaching Director for the National Ice Skating Association of Great Britain and competed at international level himself.

Debi Briggs

Debi is also coach to the two times British Men's Champion, Matthew Parr and is a NISA Level 5 coach in singles. She has coached many British champions and skaters to European, Worlds and Olympic games. She is now based in Dundee with her husband Simon Briggs.

Yvonne Cameron

Yvonne is a NISA Level 5 coach in singles. She has also coached skaters to European, Worlds and Olympic Games. She is now based in East Kilbride ice rink.

Debbie Watson

Debbie is a NISA Level 4 coach in singles. She has coached skaters to Junior Worlds and many British competitions and Championships. She is based in Hull ice rink.

Get the Edge 2011

Summer Skating School with Michael Huth

The school includes a host of activities:

- On ice jump technique classes.
- On ice spin classes.
- On ice IJS classes.
- On ice edge classes.
- On ice choreography classes.
- Practice ice.
- Off-ice workouts.
- Off-ice lectures on the updated IJS changes.
- Lunch each day.
 - Travel to and from off-ice venue.
 - Closing bar-b-que and presentation.

Fee

The fee to **skaters** for the **Get the Edge 2011** (without accommodation) will be:

£320.00 for 5 days

The fee to **coaches** for the **Get the Edge 2011** (without accommodation) will be:

£50 per day. (Credits towards NISA Coaching Licence – 6 points per day)

Information and application form for the school can be found on the following websites.

www.dundeeiceskatingclub.co.uk
www.iceskating.org.uk

If you would like to participate in the **Get the Edge 2011** please return the application form below.
Applications cannot be processed without completion of the form and full payment.

Unfortunately, the number of participants will be limited and therefore must be accepted on a first come first served basis.

Closing date for applications 1st July 2011

Cheques made payable to Mrs. Briggs.

Get the Edge 2011

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Summer Skating School with Michael Huth

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Local accommodation:

Premier Inn, Kingsway West - on site of ice rink – 01382 568431

Travelodge, Kingsway – half a mile from ice rink – 01382 624164

The Landmark Dundee – Kingsway West – half a mile from ice rink – 01382 641122

Seabraes Hall self catering accommodation

> <http://www.scotland2000.com/seabraes/>

The Management Company is:-

Sanctuary Management Services

Management Office

Heathfield

75 Old Hawkhill

Dundee DD1 5EN

Telephone number: 01382 573111 Fax number: 01382 573057

Email: enquiries-dundee@sanctuary-housing.co.uk

Local information:

www.dundeeinformation.co.uk

www.dundeeicearena.com

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Skaters Application Form

Full Name:.....

Address:.....

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Post Code:.....Contact Tel:.....

Email Address:.....

Date of Birth:.....Age at 1st July 11:.....

Field Move:.....Element:.....Free:.....

Training Rink:.....NISA Licensed Coach:.....

T Shirt Size Age 5-6 Age 7-8 Age 9-10 Age 11-12

Adult Small Adult Medium Adult Large Adult XL

Do you have any medical condition of which we need to be aware of? If

yes, please supply details.....

I hereby apply to participate in Get the Edge Summer Skating School at Dundee Ice Arena. I understand that there are many risks inherent in and incidental to participation in the skating school. I assume all risks inherent in and incidental to such participation and hereby release, absolve and hold blameless, Dundee Ice Arena and Ice Coaching Elite, employees, coaches and staff of any claim arising from any injury or damage sustained, however caused, resulting directly or indirectly from participation in the skating school at any time preceding, during or after such school is in session.

Signed (Skater/ parent if under 18):.....Date:.....

Closing date for all entries 1st July 2011.

Skaters fee: £320.

Cheques made payable to **Mrs. Briggs** with application.

Please post applications to

Ice Coaching Elite

The Willows,

Duntrune by Dundee.

DD4 0PP.

Get the Edge 2011

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Coaches Application Form

Full Name:.....

Address:.....

.....

Post Code:.....Contact Tel:.....

Email Address:.....

Coaching level: 1 2 3 4 5

Days attending: Mon Tues Wed Thur Fri

I hereby apply to participate in Get the Edge Summer Skating School at Dundee Ice Arena. I understand that there are many risks inherent in and incidental to participation in the skating school. I assume all risks inherent in and incidental to such participation and hereby release, absolve and hold blameless, Dundee Ice Arena and Ice Coaching Elite, employees, coaches and staff of any claim arising from any injury or damage sustained, however caused, resulting directly or indirectly from participation in the skating school at any time preceding, during or after such school is in session.

Signed.....Date.....

Closing date for all entries 1st July 2011.

Coaches fee £50 per day.

Cheques made payable to **Mrs. Briggs** with application.

For more information telephone **0774 010 4596.**

Please post applications to
Ice Coaching Elite
The Willows,
Duntrune by Dundee.
DD4 0PP.