

**BRACKNELL ICE SKATING CLUB - BEGINNER, PRE-JUVENILE AND JUVENILE**

**ICE DANCE COMPETITION - TUESDAY 13<sup>th</sup> MARCH 2012 – 5.15pm to 7pm**

<b><u>CATEGORY</u></b>	<b><u>TEST REQUIREMENTS</u></b>	<b><u>PATTERN DANCE</u></b>	<b><u>CLASS NUMBER</u></b>
<b><u>BEGINNER</u></b>	Must hold a minimum of <ul style="list-style-type: none"> <li>• Gold Dance Passport</li> </ul> May <b>not</b> hold Level 2 Field Moves, Pattern, Variation or Free Dance	Novice Foxtrot (1 circuit)	<b><u>CLASS 1</u></b>
<b><u>PRE-JUVENILE</u></b>	Must hold a minimum of <ul style="list-style-type: none"> <li>• Level 1 Field Moves</li> </ul>	Rhythm Blues (2 seqs) or Canasta Tango (2 seqs)	<b><u>CLASS 2 (A)</u></b> or <b><u>CLASS 2 (B)</u></b>
<b><u>JUVENILE</u></b>	Must hold a minimum of <ul style="list-style-type: none"> <li>• Level 1 Field Moves and <b>either</b></li> <li>• Level 1 Pattern Dance or</li> <li>• Level 1 Free Dance</li> </ul>	Fiesta Tango (3 seq)	<b><u>CLASS 3</u></b>
<b><u>CATEGORY</u></b>	<b><u>TEST REQUIREMENTS</u></b>	<b><u>FREE DANCE</u></b>	<b><u>CLASS NUMBER</u></b>
<b><u>BEGINNER</u></b>	Must hold a minimum of <ul style="list-style-type: none"> <li>• Gold Dance Passport</li> </ul> May not hold Level 2 Field Moves, Pattern, Variation or Free Dance	1½ minutes +/-5 secs	<b><u>CLASS 4</u></b>
<b><u>PRE-JUVENILE</u></b>	Must hold a minimum of <ul style="list-style-type: none"> <li>• Level 1 Field Moves</li> </ul>	1½ minutes +/-5 secs	<b><u>CLASS 5</u></b>
<b><u>JUVENILE</u></b>	Must hold a minimum of <ul style="list-style-type: none"> <li>• Level 1 Field Moves and <b>either</b></li> <li>• Level 1 Pattern Dance or</li> <li>• Level 1 Free Dance</li> </ul>	1½ minutes +/-5 secs	<b><u>CLASS 6</u></b>

## **REQUIREMENTS FOR BEGINNER, PRE-JUVENILE AND JUVENILE COMPETITION**

### **FREE DANCE TECHNICAL REQUIREMENTS**

1. 1 pose
  - Combination pose not permitted
2. 1 midline step sequence skated as close to the long axis as possible (full length of rink)
3. 1 dance spin with a minimum of 3 revolutions
  - Combination spins are not permitted
4. 1 twizzle
  - Minimum 1 rotation
  - Additional twizzles are permitted, but only the first attempted (outside the step sequence) will count within the technical score. Others will be considered within the choreography mark.

### **RULES FOR BEGINNER, PRE-JUVENILE AND JUVENILE FREE DANCE**

1. Music for Free Dance must have an audible rhythmic beat and melody, or audible rhythmic beat alone, but not melody alone.
2. Spins, stops and pirouettes are not allowed during the step sequences.
3. Toe steps, kneeling, sliding on two knees and performing a full split position on the ice is permitted only if not used excessively. Attention should be paid to the IJS definition of a fall at all levels.
4. Costume rules will apply, following ISU Special Regulations and Technical Rules Single and Pair Skating and Ice Dance 2010, Rule 612 and subsequent communications.

### **GENERAL RULES FOR COMPETITION ON 13<sup>th</sup> MARCH 2012**

1. **ALL competitors must be members of Bracknell Ice Skating Club and coached at Bracknell Ice Rink**
2. **There are no age limits for this competition**
3. **The BEGINNER Classes in this competition will not be offered in the Bracknell Open**
4. **As time is limited it may be necessary to limit the number of entries in each Class. In the event of too many entries priority will be given to the date entries are received**
5. **The entry fee is £5 per Class and entries will only be accepted when accompanied by the entrance fee. No telephone or email entries will be accepted. Entry Forms are available in the Club Folder or on the website. Cheques payable to BISC**
6. **NISA standard is as at the closing date. The minimum standards are recommended only**
7. **The closing date for entries is Friday 9<sup>th</sup> March 2012**
8. **The draw will take place on Sunday 11<sup>th</sup> March 2012 at 09.00 at Bracknell Ice Rink**