

BRACKNELL ICE SKATING CLUB ICE DANCE JUDGE'S FEEDBACK
IN RESPECT OF COUPLES 13TH April, 2012

Category & Class	Test Requirements	Pattern Dance
BEGINNERS COUPLES CLASS 9	Must hold minimum of Level 1 FM	Rythmn Blues (2 seqs)
JUVENILE COUPLES CLASS 10	Must hold a minimum of Level 3 Field Moves and Level 3 Compulsory Dance and either Level 3 Original Dance or Level 3 Free Dance	Fiesta Tango (3 seqs)
PRE-NOVICE COUPLES CLASS 11	Must hold a minimum of Level 5 Field Moves and Level 5 Compulsory Dance and either Level 5 Original Dance or Level 5 Free Dance	Foxtrot (4 seqs)
NOVICE COUPLES CLASS 12	Must hold a minimum of Level 8 Field Moves and Level 8 Compulsory Dance and either Level 8 Original Dance or Level 8 Free Dance	Tango 2 seqs

N.B. FOR ALL COUPLES PLEASE SEE THE CRITERIA FOR THE BRACKNELL
COUPLES DANCE COMPETITION

COUPLES FREE DANCE

CATEGORY & CLASS	TEST REQUIREMENTS	FREE DANCE TIME
BEGINNERS COUPLES CLASS 13	Must Hold a minimum of Level 1 FM	2 minutes +/- 5 secs
JUVENILE COUPLES CLASS 14	Must hold a minimum of Level 3 FM and Level 3 CD and either Level 3 OD or Level 3 FD	2 minutes +/- 5 secs
PRE-NOVICE COUPLES CLASS 15	Must hold a minimum of Level 5 FM and Level 5 CD and either Level 5 OD or Level 5 FD	2 minutes +/- 5 secs
NOVICE COUPLES CLASS 16	Must hold a minimum of Level 8 FM and Level 8 CD and either Level 8 OD or Level 8 FD	3 minutes +/- 10 secs

COUPLES FREE DANCE TECHNICAL REQUIREMENTS

BEGINNERS COUPLES

Required Elements:-

1. Minimum of 1 Mid-line step sequence. A second step sequence (any pattern may be performed).
2. A maximum of one dance spin in any position and any hold (min 2 rev)
3. recognized dance lifts **are not allowed**

JUVENILE COUPLES

Required Elements:-

1. A maximum of one step sequence of any type in dance hold
2. A minimum of 1 set of synchronized twizzles.
3. One dance spin, but not more, consisting of at least 3 rotations on 1 foot by both skaters.
4. A maximum of one dance lift. Lift not to exceed 6 seconds.

PRE-NOVICE DANCE COUPLES

Required Elements:-

1. A maximum of one step sequence of any type in dance hold.
2. A minimum of 1 and maximum of 2 dance spins (minimum of 3 revolutions on one foot by both skaters).
3. A minimum of 1 and maximum of 2 dance lifts. **Lifts not to exceed 6 seconds**
4. A minimum of 1 set of synchronized twizzles.

ADVANCED NOVICE FREE DANCE 2011/2012

As per ISU Special Regs. and Technical Rules 2010 (Rule 610 and 604) ISU Communications 1649 and any subsequent ISU Communications

- Duration 3 mins +/- 10 secs
- Vocal music is not permitted.

Required Elements:-

1. **2 different types of short lifts** but not more, chosen from the list of types of lifts (and be in accordance with Rule 604 paragraph 16) **lifts not to exceed 6 seconds:**

- (a) Straight line lift.
- (b) Curve lift
- (c) Rotational lift

In addition one (1) additional lift (up to 6 seconds) without any requirement for the Level of Difficulty is permitted (provided it is not an illegal lift) but only the first two lifts performed will be identified and considered in determining the Level of Difficulty. However, if a fourth lift is performed, it will be considered by the Technical Panel as an extra element. If a Stationary Lift is performed among the two lifts, with a level of difficulty, it will be identified by the Technical Panel to occupy a box, given No Value, and considered as an extra element (element not according to the well balanced programme).

2. **1 SPIN** but not more (in accordance with Rule 604 paragraph 14e) consisting of at least 3 rotations on one foot for both partners.

NB. A Combination Spin is not permitted. If a Combination Spin is performed instead of a spin, it will be identified by the Technical Panel to occupy a box, given No Value, and considered an extra element (element not according to the Well Balanced Programme).

3. **1 STEP SEQUENCE IN HOLD** of any type of Groups A or B (as defined in Rule 603, Paragraph 3)

1 set of synchronized twizzles (as defined in Rule 604, paragraph 14a and b; only the first set of synchronized twizzles skated will be identified and considered for the level of difficulty.

SKATERS ARE ADVISED TO READ CAREFULLY ISU COMMUNICATION 1670 FOR FURTHER RULES, RESTRICTIONS AND DETAILED TECHNICAL CLARIFICATIONS.