

**BRACKNELL ICE SKATING CLUB BEGINNERS AND PRE-JUVENILE  
ICE DANCE COMPETITION - 12th<sup>h</sup> March, 2013 at 5.15 p.m.**

<b>CATEGORY</b>	<b>TEST REQUIRED</b>	<b>PATTERN DANCE</b>	<b>CLASS NUMBER</b>
<b>BEGINNER</b>	Recommended minimum of LEVEL 1 FM	Rhythm Blues (2 seq)	<b><u>CLASS 1</u></b>
<b>PRE-JUVENILE</b>	Recommended Must hold a minimum of:  Level 1 FM and Either Level 1 Pattern Dance or Level 1 Free Dance	Dutch Waltz (2 seq)	<b><u>CLASS 2</u></b>
<b>BEGINNER</b>	Recommended Must hold a Minimum of  LEVEL 1 FM	<b><u>FREE DANCE</u></b>  1 ½ mins +/- 5 secs	<b><u>CLASS 3</u></b>
<b>PRE-JUVENILE</b>	Recommended Must hold a minimum of:  Level 1 FM and Either Level 1 Pattern Dance or Level 1 Free Dance	1 ½ mins +/- 5 secs	<b><u>CLASS 4</u></b>

**RULES FOR THE BEGINNERS AND PRE-JUVENILE COMPETITION ON THE 13<sup>th</sup> MARCH, 2013**

1. All competitors must be members of Bracknell Ice Skating Club and must have been coached at Bracknell during the 2012/2013 season or not have a coach at any other rink.
2. Entry Fees must be by cheque and should have the number of the Classes entered and the name of the competitor on the back of the cheque. The entry fee is £5.00 per class. Cheques should be made payable to B.I.S.C.
3. Entry Forms can be downloaded from the BISC Website and should be placed in the Club Box..
4. The Closing date for entries is Sunday, the 10<sup>th</sup> March, 2013.
5. The draw will take place in the Café at 10.00 a.m. on Sunday, the 10<sup>th</sup> March, 2013.
6. In the event that the competition is over-subscribed entries will be taken in the order of submission.

**FREE DANCE TECHNICAL REQUIREMENTS FOR BEGINNER AND PRE-JUVENILE CLASSES**

1. 1 midline step sequence skated as close to the midline long axis as possible.
2. 1 pose.
3. 1 dance spin (min of 3 revolutions). Combination spins are not permitted.
4. 1 twizzle – minimum of 1 rotation. Additional twizzles are permitted but only the 1<sup>st</sup> attempted twizzle (outwith the step sequence) will count towards the technical score. Others will be considered within the choreography mark.