

FREE SKATING - 4 Categories (Pre Bronze, Bronze, Silver and Gold/Masters) with 3 age Classes within Pre Bronze, Bronze and Silver - see below. Must have minimum of 3 competitors in the event otherwise will be combined. The Gold/Masters category is $21+$ with no upper age limit.

| Class 1 | ```Must be 21 but not 38 before 1 July Class II``` |  |  | Must be 38 but not 47 before 1 July 2012 | Class III | Must be 47 before 1 July 2012 (no upper age limit) |
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| EVENT | CATEGORY | TITLE | STANDARD | REQUIREMENTS |  |  |
| $\begin{array}{\|l} \text { EVENT } \\ \text { 1F } \end{array}$ | Pre Bronze Class I | The Subway Beginners Trophy |  | The maximum time is $1: 40$ s <br> A competitor in the Adult Pre- Br programme that must contain: <br> a) A maximum of four (4) jum type jump, no double or triple ju <br> No jump combinations or seque | t may b ree Skat <br> ents. On nd no lutz <br> re allowe | ess. <br> event must perform a well-balanced <br> single jumps are permitted, no Axel an be included. |
| $\begin{aligned} & \text { EVENT } \\ & \text { 2F } \end{aligned}$ | Pre Bronze Class II | The Subway Beginners Trophy | No Minimum Test Requirements but must not hold any of the | No listed jump may be repeated Non-listed jumps may be included <br> b) A maximum of two (2) basic of foot. The spins must have a permitted. | than once progra on spin w um of 3 re | within a programme. <br> me as part of connecting footwork only. <br> NO change of position and NO change lutions. Flying spins are not |
| $\begin{aligned} & \text { EVENT } \\ & \text { 3F } \end{aligned}$ | Pre Bronze Class III | The Subway Beginners Trophy | Level 2 <br> Elements or Free | There must be a minimum of tw be counted. <br> c) A maximum of one choreogr serpentine) or choreographic-sp (e.g. half a serpentine, half of a To be counted a spiral sequence than 3 secs each or one (1) spir <br> Only the first executed attempt sequence will contribute to the <br> Additional spiral sequences and but will be counted as moves-in | revolution <br> step sequ quence co ht line etc include at tion not le <br> oreograp al score. <br> equences ld (transi | in each position or the position will not <br> ce (i.e., circular, straight line, ring at least $50 \%$ of the usual pattern - that is covering $1 / 2$ of the ice surface, east two (2) spiral positions of not less than 6 secs long. <br> - step sequence or choreographic-spiral <br> ill not be counted as a step sequence ns) and marked as such. |


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| EVENT <br> 4F <br> EVENT <br> 5F <br> EVENT 6F | Bronze Class I <br> Bronze Class II <br> Bronze Class III | The <br> Desert <br> Rose <br> Trophy <br> The <br> Hyacinth <br> Cup <br> The <br> Jasmine Cup | No minimum standard or maximum standard | The maximum time is 1:50 secs but may be less. <br> A competitor in the Adult Bronze Free Skating event must perform a well-balanced programme that may contain: <br> a) A maximum of four (4) jump elements. Only single jumps are permitted, no Axel type jump, no double or triple jumps can be included. A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Programme. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Please note that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1 Lo.) Any jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the programme as part of connecting footwork preceding single jumps. <br> b) A maximum of two (2) spins of a different abbreviation; The spins must have a required minimum number of revolutions: three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and six $(3+3)$ for the spin combination with change of foot. Flying spins are not permitted. There must be a minimum of two (2) revolutions in each position or the position will not be counted. <br> c) A maximum of one (1) choreographic sequence (ChSq). A Choreographic Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. A Choreographic Sequence for Ladies must include at least one spiral (not a kick) of any length. The Sequence commences with the first move and is concluded with the last move of the Skater. The pattern is not restricted, but must utilize at least half of the ice surface. A Choreographic Sequence has to be skated to the music. A choreographic Sequence has a base value and will be evaluated by the judges in GOE only. <br> d) The first visible attempt to execute a choreographic sequence will contribute to the technical score. Additional choreographic sequences and step sequences will not be counted in the technical score but will be counted as moves-in-the field (transitions) and marked as such. |


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| EVENT 7F <br> EVENT 8F 9F | Silver Class I <br> Silver <br> Class II <br> Silver <br> Class III | The Brighton Trophy <br> The LB Trophy <br> The Syers Trophy | No minimum standard or maximum standard | The maximum time is 2:10 secs but may be less. <br> A competitor in the Adult Silver Free Skating event must perform a well-balanced programme that may contain: <br> a) A maximum of five (5) jump elements. The single Axel and all other single jumps are permitted. No double jumps or triple jumps are permitted. A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Programme. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Please note that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1 Lo.) Any jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the programme as part of connecting footwork, preceding single jumps or an axel type jump. <br> b) A maximum of three (3) spins of different abbreviations, one of which must be a spin combination. The spins must have a required minimum number of revolutions: three (3) for the flying spin with no change of foot after landing, three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight $(4+4)$ for the spin combination with change of foot or spin in one position with a change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted. <br> c) A maximum of one (1) choreographic sequence (ChSq). A Choreographic Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. A Choreographic Sequence for Ladies must include at least one spiral (not a kick) of any length. The Sequence commences with the first move and is concluded with the last move of the Skater. The pattern is not restricted, but must utilize at least half of the ice surface. A Choreographic Sequence has to be skated to the music. A Choreographic Sequence has a base value and will be evaluated by the judges in GOE only. The first visible attempt to execute a choreographic sequence will contribute to the technical score. Additional choreographic sequences and step sequences will not be counted in the technical score but will be counted as moves-in-the field (transitions) and marked as such. |

Gold/Masters Must be 21 before 1st July 2012 (no upper age limit)

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| :---: | :---: | :---: | :---: | :---: |
| EVENT 10F | Open Standard aged 21 and over | The Edwina Lewis Trophy | No minimum standard or maximum standard | The maximum time is $\mathbf{3 : 1 0}$ secs, but may be less <br> A competitor in the Class II Free Skating event must perform a well-balanced programme that may contain: <br> a) A maximum of seven (7) jump elements, one of which must be an Axel type jump. Single, double and triple jumps are permitted. A jump combination may consist of the same or another single, double or triple jump. There may be up to three jump combinations or jump sequences in the Free Programme. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of jumps of any number of revolutions that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps/ turns, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Please note that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1 Lo.) Any jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Please note that a half-loop in a combination or in a sequence with any other listed jump will be called a listed jump (1 Lo). <br> b) A maximum of three (3) spins of a different abbreviation, one of which must be a spin combination with a change of foot and one must be a flying spin. The spins must have a required minimum number of revolutions: five (5) for the flying spin with no change of foot after landing, five (5) for the spin with only one position and no change of foot and five (5) for the spin combination with no change of foot and eight $(4+4)$ for the spin combination with change of foot or spin in one position with a change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted. <br> c) Maximum of one (1) choreographic- sequence (ChSq). A Choreographic Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. A Choreographic Sequence for Ladies must include at least one spiral (not a kick) of any length. The Sequence commences with the first move and is concluded with the last move of the Skater. The pattern is not restricted, but must fully utilize the ice surface. A choreographic Sequence has to be skated to the music. A Choreographic Sequence has a base value and will be evaluated by the judges in GOE only The first visible attempt to execute a choreographic sequence will contribute to the technical score. Additional spiral sequences and step sequences will not be counted in the technical score but will be counted as moves-in-the field (transitions) and marked as such. |


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| $\begin{aligned} & \text { EVENT } \\ & \text { 11A } \end{aligned}$ | Artistic <br> Level 1 \& under Men and Ladies | The Lister Trophy | No minimum standard <br> Must not hold any of the following Level 2 Elements Level 2 Free | The maximum time is 1 minute and 40 seconds but may be less. Vocal music is permitted. <br> The artistic event will be judged only on the basis of Programme Components: <br> - Skating skills <br> - Transitions <br> - Performance/Execution <br> - Choreography/Composition <br> - Interpretation/Timing <br>  <br> Pair Skating, Rule 522, paragraph 2 for a detailed description of Program Components.) <br> The artistic program consists of a variety of skating moves selected for their value in enhancing the skater's interpretation of the music rather than for their technical difficulty. <br> Skaters will be judged on their ability to interpret the music and develop a theme by using their skating skills. |
| $\begin{aligned} & \text { EVENT } \\ & \text { 12A } \end{aligned}$ | Artistic <br> Level 2 \& over Men and Ladies | The Belgrove Trophy | Level 2 <br> Elements or <br> Free <br> No <br> Maximum <br> Standard | The artistic free skate is a competitive programme which must include elements of the sport of figure skating. <br> At least one (1) but a maximum of two (2) single jumps and at least one (1) but a maximum of two (2) spins MUST be included. No axel type jump or double jumps are allowed. No combination jumps are allowed. Credit for jumps and spins is based solely on the ability of such movements to enhance the chosen theme and support the music. Credit will not be given for their technical difficulty. <br> The program must be developed through skating skills and quality rather than through nonskating actions such as sliding on one knee or excessive use of toe steps which should be used only to reflect the character of the program and to underline the rhythm and nuances of the chosen music. The skater must not remain in one place for more than five (5) seconds. <br> Any element exceeding the maximum number as set forth above will be judged as an illegal element ( 2.0 deduction); if there is no jump or no spin element included or only a jump and no spin or vice versa a deduction for a "missing element" of 2.0 will be made. The Referee is responsible for such deductions. <br> Costumes should be simple, tasteful and selected to enhance the performance by appropriately reflecting the character of the music and theme. Props may not be used in any part of the artistic programs. Any item that is held in the hand or removed during the performance is considered a prop. Thus, for example, a hat worn throughout the program is not considered to be a prop, but if it is intentionally removed during the performance it is considered a prop. Objects on the ice, thrown in the audience, placed on the boards or on the judges table are <br> not permitted. Costumes that contain particles that may mark or leave anything on the ice surface (feathers, boas, excessive beading) are considered unsafe and are not permitted. The Referee is responsible for prop deductions. <br> Illegal elements: <br> - Somersault type jumps <br> - lying on the ice and prolonged and/or stationary kneeling with both knees on the ice |

## CLOSING DATE FOR ENTRIES Monday 25 March 2013.

## The competitions will be held on MONDAY 22 April 2013 at Bracknell Ice Rink

## TECHNICAL REQUIREMENTS

All technical requirements are listed as new national tests with the exception of Field Moves. Please see NISA website or charts below for equivalencies. Please note that a skater who holds the old novice test, is considered to have passed Level 1 free.

## RULES

The competitions will be held under NISA regulations and are open to eligible members as defined by NISA.
The Committee of Bracknell Ice Skating Club reserve the right to refuse entry without reason or to cancel a competition or combine classes because of insufficient entries.

ONLY WRITTEN APPLICATIONS WILL BE ACCEPTED. Photocopies of entry forms will be accepted.
Entries will not be accepted unless all new national test levels with dates of test passes have been properly completed. For tests taken under the old structure, please see the tables of equivalences listed below.

Test standards are as at closing date.
Entries will be limited determined by the time available and a reserve list will operate up until the draw.
The draw for competitions will take place at Bracknell Ice Rink, at a time and date to be notified later.
Music on compact disc (with an additional copy) only will be accepted. THESE SHOULD BE CLEARLY MARKED with name, address and competition and handed in at the club reception table on arrival, there should be just one track recorded.

Entry fees will not be refunded for withdrawals after the closing date.
Trophies must be signed for and held at the winner's risk. They must be returned in good condition to the Trophy Secretary, Bracknell Ice Skating Club by the $\mathbf{2 2}$ April $\mathbf{2 0 1 3}$ or on request.

Flash photography will not be permitted during warm-ups or competitions, either on the ice or at the rink side.
Video photography is allowed with the prior permission of the skaters concerned.

Age levels for free skaters in classes 1A - 9A are as follows.

| Class I | Must be 21 but not 37 before 1 July 2012 |
| :--- | :--- |
| Class II | Must be 37 but not 47 before 1 July 2012 |
| Class III | Must be 47 before 1 July 2012 (no upper age limit) |

## Master/Gold 10A and Artistic Classes 11A and 12A - Skaters must be 21 before 1 July 2012 (no upper age limit).

## Please note that all classes are designed to be compatible with NISA BAC/ISU guidelines for adult skating.

## ENTRY FEES

## All classes $\mathbf{£ 4 5}$ per entry and $\mathbf{£ 7 5}$ for two classes entered.

Entries accompanied by a cheque that bounces will not be accepted until the entry fee is paid in cash together with an excess of $£ 10$ to cover charges which may be incurred.

Cheques should be made payable to BRACKNELL ICE SKATING CLUB, with the name and competition number on the back of the cheque.

Please post entries to Nicki Torrington 15 Boltons Lane, Binfield, Berkshire RG42 4UA
Telephone 01344424744 There is an answerphone available.
Please include your email address as entries will only be acknowledged by email on day of receipt and any further correspondence will be by email. If you do not hear from Nicki Torrington by the closing date you must call her as LATE ENTRIES WILL NOT BE ACCEPTED. The competitors' list and pre draw timetable will be posted on the BISC Website only.

Please ensure your envelopes have the correct postage - LATE ENTRIES WILL NOT BE ACCEPTED and we will not pick up post from the post office so please do not send entries by registered or recorded post.

## Email bracknellopen@gmail.com

EVENTS 1-10 Competitors may only enter one class within this section and/or one artistic class from events 11-12.
Please contact Nicki Torrington if you have any queries regarding skating levels.

