



IJS Ice Dance Masterclass

05:45 to 08:45

MONDAY 28 OCTOBER – Advanced Novice and Above

(includes pupils working towards Advanced Novice)

TUESDAY 29 OCTOBER – Basic Novice and Below

(includes pupils working towards competing at the British Championships 2014)

FEE: Only £20.00 per day

Guest Coach: Doreen Hoppe



Doreen is a fully licensed coach at Lee Valley Ice Centre and specialises in ice dance and choreography. Doreen is also an ISU Technical Specialist and as one of the coaching assessors for NISA, she is renowned for her ability to make the most complex of ideas accessible. With a precision approach to skating, Doreen helps skaters to attain the grace and speed they need to bring her innovative choreography to life on the ice.

This IJS Masterclass is designed for higher level competitive skaters and those working towards British championship qualifying IJS competitions. If you have any queries please consult your coach. Each day will be an intense training experience, designed to boost skating skills and increase rate of progress in preparation for the competitive season.

On-ice classes will focus on IJS ice dance skating techniques, twizzles, spins, steps and edge work. In addition to Doreen Hoppe, this IJS Masterclass will be staffed by Bracknell's NISA qualified ice dance coaches

If you would like to participate, please email deborahstv@btinternet.com, by return email, complete the below registration form and return with cheque for £20.00 made payable to BISC by Wednesday 23rd October very latest to secure a place. Please place all cheques/forms in the BISC multi-coloured box in pod opposite rink reception

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BISC ICE DANCE MASTERCLASS

MONDAY 28 OCT (ADV NOV & ABOVE) TUESDAY 29 OCT (BASIC NOV & BELOW)

SKATER NAME: PD LEVEL: FD LEVEL:

CONTACT TEL/MOB: EMAIL:

Does the skater have any medical or other conditions that we should be aware of? – If yes please give details:

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All enquiries, please contact: Debbie Stevens deborahstv@btinternet.com