

## Club Ice Dance Competition (Free Dance) Tuesday 11th March 2014 at 5.15pm

Category	Suggested Entry Requirements	Free Dance
Pre -Juvenile*	Must hold a minimum of Skate UK	
	GOLD Dance, and can only hold a	1 min 30 sec +/- 5 sec.
	maximum of either	
	Level 2 Compulsory Dance or	Criteria as Juvenile
	Level 2 Free dance	
<u> Iuvenile</u>	Level 2 Field Moves plus	1 min 30 sec +/- 5 sec.
	Level 2 Compulsory dance and	
	Level 2 Free dance	Criteria below
<b>Basic Novice</b>	Level 4 Field Moves plus	1 min 30 sec +/- 5 sec.
	Level 4 Compulsory dance and	
	Level 4 Free dance	Criteria below

## **Free Dance Elements**

<u>Iuvenile</u>: 1 combined Pose, 1 straight line step sequence, 1 dance spin (combined spin not permitted) 1 set of sequential twizzles (one clockwise, 1 anti-clockwise maximum 3 steps between)

<u>Basic Novice</u>: 1 combined Pose, 1 straight line step sequence, 1 dance spin (combined spin not permitted) 1 set of sequential twizzles (one clockwise, 1 anti-clockwise maximum 3 steps between).

**NB:** Attitudes are Poses so this season skaters have the choice of using any combination of Pose or Attitude in their programmes including Attitudes with a change of edge.

- All entrants must be current members of Bracknell Ice Skating Club.
- Competitors must have been coached at Bracknell during the 2013/2014 club year or not have any coach at any rink in order to be able to enter this club competition.
- Skaters may only enter one class.
- The closing date for entries is: **Monday 3rd of March, 5pm,** however in the event of there being too many entries for the time available, entries will be accepted on a first come first served basis. Entries received after the competition is fully allocated and before the closing date will go on a waiting list in case a competitor withdraws.
- Entry forms can be downloaded from the BISC Website and should be placed in the club box.
- Entry fees must be paid by cheque with the class entered and the name of the competitor on the back of the cheque. The fee is £5.00. Cheques should be made payable to B.I.S.C.
- The draw will take place on **Sunday the 8th of March at 9am in the café**. All are welcome to attend.

We look forward to receiving your entries and if you have any questions please direct them to: info@bracknell-ice-skating-club.co.uk