

Dear BISC Member,

As one of our long standing clubs within John Nike Leisuresport Complex, we would like to take this opportunity to thank you for your continued support over the years, and as valued members of the extended complex family, we would like to offer you a special discounted rate at the Peak Fitness Health Suite.

We have two membership deals on offer, both listed below, which enable you to use all of the health suite's facilities during full opening hours. These memberships are available to the skaters if 16 or over and their parents/guardians.

Pay As You Go	£3.50 per session
Monthly Membership	£19.95 per month

The health suite facilities include our gym, which is fully equipped with Life Fitness cardio equipment, a resistance machine equipment area and a free weights area, saunas and sunbed (additional cost).

If you are interested in joining Peak Fitness Health Suite on these discounted rates, we will need you to complete the BISC members application pack, which can be found a reception.

- If you are applying for the Pay As You Go Membership, you are required to provide a passport photo for your membership card.
- If you are applying for the Monthly Membership, please complete a direct debit form as well as the membership forms.

Completed forms need to be returned to a member of staff at the Peak Fitness Health Suite, however, please be aware that if you choose the Monthly Membership scheme, payment will need to be done at main reception.

Peak Fitness Opening Hours:

Monday	07:00	22:00
Tuesday	07:00	22:00
Wednesday	07:00	22:00
Thursday	07:00	22:00
Friday	07:00	21:00
Saturday	09:00	19:00
Sunday	09:00	19:00

Please do not hesitate to contact me if you have any questions regarding this membership.

Kind Regards

Amy Lack Peak Fitness Manager a.lack@nikegroup.co.uk 01344 789 004