

BRACKNELL ICE SKATING CLUB

SPIN SPIRAL JUMP COMPETITION

Tuesday 18th October 2016 6 – 7.30 pm

Closing Date Saturday 8 October 2016 midnight

RULES

All entrants must be members of Bracknell Ice Skating Club and can be any age. Members must be currently coached at Bracknell Ice Rink (this includes Bracknell Academy/Learn to skate/Passport courses) in order to enter club competitions or not have any coach at any other rink.

The competition classes may be sub-divided by age if there are too many entries for one class or combined if there are too few entries. Entries will be accepted on a first come first served basis.

The NISA test standard criteria required is at the closing date (8 October). Should an entrant pass a relevant test between entering the competition and the closing date the class will be adjusted accordingly. Only one class may be entered.

No refunds will be given for withdrawals unless this is due to injury/illness of the skater or change of competition date.

The draw for the skating order will be determined by the use of a random number generator. The timetable for the competition will be posted on the Club notice board and on the competitions section of the website.

In cases of uncertainty the Club Competition (free skating) Secretary's decision is final.

Technical specification

Class	Standard	Criteria	Elements (in recommended order of skating)
1	Beginner	Skaters must not have passed level 1 elements, level 1 free or above level 1 field moves	Forward spiral held for a minimum of 10 metres Upright spin (min 3 revs) Three jump
2	Level 1	Skaters must not have passed level 2 elements or level 2 free	Backward spiral Sit spin (min 3 revs) Toe Loop (cherry)
3	Level 2	Skaters must not have passed level 3 elements or level 3 free	1 step sequence (full length) Camel spin (min 3 revs) Jump combination (no axels) with toe loop (cherry) as the second jump

4	Level 3	Skaters must not have passed level 4 elements or level 4 free	1 step sequence full length or circular Camel sit combination spin min 3 revs each position Axel or single Lutz
5	Level 4	Skaters must not have passed level 5 elements or level 5 free	1 spiral sequence or moves in the field covering a minimum of half the ice surface Change foot upright minimum 6 revs Jump combination consisting of Axel with a single jump

Note: No variations are permitted to the elements listed for a class for example an upright spin should remain an upright spin throughout and not change to a sit spin.

Skaters should limit the skating between the set elements to forward/backward stroking/crossovers and necessary linking steps only.

**ONLINE ENTRY AND PAYMENT IS VIA THE CLUB'S
WEBSITE AND IS FOR CLUB MEMBERS ONLY**