



# Bracknell Adult Open IJS Skating Competition 2018

**You must be a member of NISA**

**FRIDAY 20 APRIL 2018**  
**Closing date Saturday 10 March 2018**

## **SINGLES AND ARTISTIC FREE SKATING**

**John Nike Leisuresport Complex**  
**John Nike Way Bracknell Berkshire**

**All classes are designed to be compatible with NISA BAC/ISU  
guidelines for adult skating**

**All Competitors must be 21 years of age before 1 July 2017**

## **ADULT SINGLES**

**Categories: Masters, Gold, Silver, Bronze & Pre-Bronze. I-IV age classes** within Pre Bronze, Bronze and Silver – see below. There must be a minimum of 3 competitors in the event otherwise classes will be combined. **The Master and Gold categories are 21+ with no upper age limit.**

|                  |  |
|------------------|--|
| <b>Class I</b>   | Must be 21 but not 38 before 1 July 2017           |
| <b>Class II</b>  | Must be 38 but not 48 before 1 July 2017           |
| <b>Class III</b> | Must be 48 but not 58 before 1 July 2017           |
| <b>Class IV</b>  | Must be 58 before 1 July 2017 (no upper age limit) |

### **S1(M)Masters**

**Masters (M) Must have reached the age of 21 before 1st July 2017 (no upper age limit)**

A competitor in the Masters Free Skating event must perform a well-balanced program that may contain:

- a. A maximum of six (6) jump elements, one of which must be an Axel type jump. **Single, double and triple jumps are permitted.** There may be up to three (3) jump combinations or jump sequences in the free program.
  - One (1) jump combination may consist of up to three (3) listed jumps. Two (2) jump combinations may consist of two (2) listed jumps.
  - A jump combination may consist of the same or another single, double or triple jump.
  - A jump sequence may consist of any number of jumps of any number of revolutions that may be linked by non-listed jumps like mazurkas etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps, turns, crossovers or stroking during the sequence. Only the two (2) listed jumps with the highest value will count towards the technical score.
  - Each listed jump may be performed a maximum of two (2) times.
  - Please note that the half-loop when used in combination/sequence, in between two listed jumps, is considered as a listed jump with the value of a single loop (1Lo).
  - Non-listed jumps may be included in the program as part of connecting footwork.
- b. A maximum of three (3) spins of a different abbreviation, one (1) of which must be a spin combination with a change of foot and one (1) of which must be a flying spin or a spin with a flying entrance.
  - The spins must have a required minimum number of revolutions: five (5) for any spin with no change of foot, and eight (8) for any spin with a change of foot.
  - A spin that has no basic position with 2 revolutions will receive no level and no value, however a spin with less than three rotations is considered as a skating movement and not a spin.
  - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.
  - The change of foot in any spin must be preceded and followed by a spin position with at least three (3) revolutions. If this requirement is not fulfilled, the short part of the spin will be ignored including any features.
- c. A maximum of one (1) step sequence, fully utilizing the ice surface.
  - Only the first executed attempt of a step sequence will contribute to the technical score.

### **VOCAL MUSIC MAY BE USED**

The maximum time is 3 minutes and 10 seconds, but may be less.

The points for each Program Component are multiplied by a factor of 1.6.

The warm-up duration is six (6) minutes.

# **ADULT SINGLES**

## **S2(G)Gold**

**Gold**                    **Must have reached the age of 21 before 1<sup>st</sup> July 2017 (no upper age limit)**

A competitor in the Gold Free Skating event must perform a well-balanced program that may contain:

- a.** A maximum of six (6) jump elements, consisting of single jumps (including the single Axel) or double jumps. **Double Flip, double Lutz, double Axel and Triple jumps are not permitted.** There may be up to three (3) jump combinations or jump sequences in the free program.
- One (1) jump combination may consist of up to three (3) listed jumps. Two (2) jump combinations may consist of two (2) listed jumps.
  - A jump combination may consist of the same or another single or double jump, with the exception of the jumps in **bold** above.
  - A jump sequence may consist of any number of single and double jumps, with the exception of the jumps in **bold** above, that may be linked by non-listed jumps like mazurkas etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps, turns, crossovers or stroking during the sequence. Only the two (2) listed jumps with the highest value will count towards the technical score.
  - Each listed jump may be performed a maximum of two (2) times.
  - Please note that the half-loop when used in combination/sequence, in between two listed jumps, is considered as a listed jump with the value of a single loop (1Lo).
  - Non-listed jumps may be included in the program as part of connecting footwork.
- b.** A maximum of three (3) spins of a different abbreviation, one (1) of which must be a spin combination with a change of foot and one (1) of which must be a flying spin or a spin with a flying entrance.
- The spins must have a required minimum number of revolutions: four (4) for any spin with no change of foot, and eight (8) for any spin with a change of foot.
  - A spin that has no basic position with 2 revolutions will receive no level and no value, however a spin with less than three rotations is considered as a skating movement and not a spin.
  - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.
  - The change of foot in any spin must be preceded and followed by a spin position with at least three (3) revolutions. If this requirement is not fulfilled, the short part of the spin will be ignored including any features.
- c.** A maximum of one (1) step sequence, fully utilizing the ice surface.
- Only the first executed attempt of a step sequence will contribute to the technical score.

### **VOCAL MUSIC MAY BE USED**

The maximum time is 2 minutes and 50 seconds, but may be less.

The points for each Program Component are multiplied by a factor of 1.6.

Only features up to and including Level 3 will be counted for the spins and step sequence. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

The warm-up duration is six (6) minutes.

# ADULT SINGLES

## Silver

|              |                  |  |
|--------------|------------------|--|
| <b>S3(S)</b> | <b>Class I</b>   | Must be 21 but not 38 before 1 July 2017           |
| <b>S4(S)</b> | <b>Class II</b>  | Must be 38 but not 48 before 1 July 2017           |
| <b>S5(S)</b> | <b>Class III</b> | Must be 48 but not 58 before 1 July 2017           |
| <b>S6(S)</b> | <b>Class IV</b>  | Must be 58 before 1 July 2017 (no upper age limit) |

A competitor in the Silver Free Skating event must perform a well-balanced program that may contain:

- a. A maximum of five (5) jump elements, consisting of any single jumps (including the single Axel). **Double jumps and triple jumps are not permitted.** There may be up to two (2) jump combinations or jump sequences in the free program.
- One (1) jump combination may consist of up to three (3) listed jumps. The other jump combination may consist of two (2) listed jumps.
  - A jump combination may consist of the same or another single jump.
  - A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps, turns, crossovers or stroking during the sequence. Only the two (2) listed jumps with the highest value will count towards the technical score.
  - Each listed jump may be performed a maximum of two (2) times.
  - Please note that the half-loop when used in combination/sequence, in between two listed jumps, is considered as a listed jump with the value of a single loop (1Lo).
  - Non-listed jumps may be included in the program as part of connecting footwork.
- b. A maximum of two (2) spins of a different abbreviation, one (1) of which must be a spin combination.
- The spins must have a required minimum number of revolutions: four (4) for any spin with no change of foot, and eight (8) for any spin with a change of foot.
  - A spin that has no basic position with 2 revolutions will receive no level and no value, however a spin with less than three rotations is considered as a skating movement and not a spin.
  - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.
  - The change of foot in any spin must be preceded and followed by a spin position with at least three (3) revolutions. If this requirement is not fulfilled, the short part of the spin will be ignored including any features.
- c. A maximum of one (1) step sequence, utilizing at least half (1/2) of the ice surface.
- Only the first executed attempt of a step sequence will contribute to the technical score.

### **VOCAL MUSIC MAY BE USED**

The maximum time is 2 minutes and 10 seconds, but may be less.

The points for each Program Component are multiplied by a factor of 1.6.

Only features up to and including Level 2 will be counted for the spins and step sequence. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

The warm-up duration is six (6) minutes.

# ADULT SINGLES

## Bronze

|               |                  |  |
|---------------|------------------|--|
| <b>S7(B)</b>  | <b>Class I</b>   | Must be 21 but not 38 before 1 July 2017           |
| <b>S8(B)</b>  | <b>Class II</b>  | Must be 38 but not 48 before 1 July 2017           |
| <b>S9(B)</b>  | <b>Class III</b> | Must be 48 but not 58 before 1 July 2017           |
| <b>S10(B)</b> | <b>Class IV</b>  | Must be 58 before 1 July 2017 (no upper age limit) |

A competitor in the Bronze Free Skating event must perform a well-balanced program that may contain:

- a. A maximum of four (4) jump elements, consisting only of single jumps. **Axel type jumps, double jumps and triple jumps are not permitted.** There may be up to two (2) jump combinations or jump sequences in the free program.
  - Each jump combination may consist of two (2) listed jumps.
  - A jump combination may consist of the same or another single jump.
  - A jump sequence may consist of any number of single jumps that may be linked by non- listed jumps like mazurkas etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps, turns, crossovers or stroking during the sequence. Only the two (2) listed jumps with the highest value will count towards the technical score.
  - Each listed jump may be performed a maximum of two (2) times.
  
- b. A maximum of two (2) spins of a different abbreviation one of which must be a spin in one position with no change of foot. **Flying spins are not permitted.**
  - The spins must have a required minimum number of revolutions: three (3) for any spin with no change of foot, and six (6) for the spin combination with change of foot or the spin in one position with change of foot.
  - A spin that has no basic position with 2 revolutions will receive no level and no value, however a spin with less than three rotations is considered as a skating movement and not a spin.
  - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.
  - The change of foot in any spin must be preceded and followed by a spin position with at least three (3) revolutions. If this requirement is not fulfilled, the short part of the spin will be ignored including any features.
  - Only features up to and including Level 1 will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.
  
- c. A maximum of one (1) choreographic sequence utilizing at least half (1/2) of the ice surface.
  - A choreographic sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc.
  - The pattern is not restricted.
  - A choreographic sequence has a base value and will be evaluated by the judges in GOE only.

### **VOCAL MUSIC MAY BE USED**

The maximum time is 1 minute and 50 seconds, but may be less.

The points for each Program Component are multiplied by a factor of 1.6.

The warm-up duration is six (6) minutes.

# ADULT SINGLES

## Pre-Bronze

|                |                  |  |
|----------------|------------------|--|
| <b>S11(PB)</b> | <b>Class I</b>   | Must be 21 but not 38 before 1 July 2017           |
| <b>S12(PB)</b> | <b>Class II</b>  | Must be 38 but not 48 before 1 July 2017           |
| <b>S13(PB)</b> | <b>Class III</b> | Must be 48 but not 58 before 1 July 2017           |
| <b>S14(PB)</b> | <b>Class IV</b>  | Must be 58 before 1 July 2017 (no upper age limit) |

A competitor in the Pre-Bronze Free Skating event must perform a well-balanced program that must contain:

- a. **a)** A maximum of four (4) jump elements. **Only single jumps are permitted**, no Axel type jump, no double or triple jumps and no Lutz can be included. No jump combinations or sequences are allowed. No listed jump may be repeated more than once within a programme. Non-listed jumps may be included in the program as part of connecting footwork only.
- b. A maximum of two (2) basic position spin with NO change of position and NO change of foot. The spins must have a minimum of 3 revolutions. **Flying spins are not permitted**. There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- c. A maximum of one choreographic-step sequence (i.e., circular, straight line, serpentine) or choreographic-spiral sequence covering at least 50% of the usual pattern (e.g. half a serpentine, half of a straight line etc.) – that is covering ½ of the ice surface. To be counted a spiral sequence must include at least two (2) spiral positions of not less than 3 secs each or one (1) spiral position not less than 6 secs. long. Only the first executed attempt of a choreographic-step sequence or choreographic-spiral sequence will contribute to the technical score.

Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.

### **VOCAL MUSIC MAY BE USED.**

The maximum time is 1 minute and 40 seconds but may be less.

The points for each Program Component are multiplied by a factor of 1.6

The warm-up duration is six (6) minutes

# ADULT ARTISTIC FREE

|               |               |                |                   |
|---------------|---------------|----------------|-------------------|
| <b>AF1(G)</b> | <b>Gold</b>   | <b>AF3(B)</b>  | <b>Bronze</b>     |
| <b>AF2(S)</b> | <b>Silver</b> | <b>AF4(PB)</b> | <b>Pre-Bronze</b> |

Bronze, Silver and Gold categories. Competitors should compete in the same category as their free skating event or if only competing in the Artistic should choose a category most suitable to their skating ability.

The Artistic Free Skate is a competitive program that must include elements of the sport of figure skating. At least one (1) but a maximum of two (2) single jumps and at least one (1) but a maximum of two (2) spins **MUST** be included. No axel jump, double or triple jumps are allowed. No combination jumps are allowed.

The artistic event will be judged **only** on the basis of program.  
Components:

- Skating skills
- Transitions
- Performance/Execution
- Choreography/Composition
- Interpretation/Timing

See ISU Special Regulations and Technical Rules 2016, Singles & Pair Skating, Rule 504, paragraph 3 for a detailed description of Program Components. The respective Rules can be found on the ISU website. There will be no technical panel and no technical mark given.

The artistic program consists of a variety of skating moves selected for their value in demonstrating skating ability and enhancing the skater's interpretation of the music. Skaters will be judged on their ability to interpret the music and develop a theme by using their skating skills. Credit for technical elements is based solely on the ability of such movements to enhance the chosen theme and support the music. Credit will not be given for their technical difficulty.

The program must be developed through skating skill and quality rather than through non-skating actions such as sliding on one knee or excessive use of toe steps, which should be used only to reflect the character of the program and to underline the rhythm and nuances of the chosen music. The skater must not remain in one place for more than five (5) seconds.

Any element exceeding the maximum number as set forth below will be judged as an illegal element (1.0 deduction) If there is no jump or no spin element included or only a jump and no spin or vice versa a deduction for a "missing element" of 1.0 will be made. The Referee is responsible for such deductions.

Clothing and make-up must be modest, dignified and appropriate for athletic competition – not garish or theatrical in design. Clothing may, however, reflect the character of the music chosen. Clothing must not give the effect of excessive nudity. The theme of the program should be clear from the skating movements and choreography – regardless of what the skater is wearing.

Props and accessories may not be used in any part of the artistic programs. Any item that is held in the hand or removed during the performance is considered a prop. Thus, for example, a hat worn throughout the program is not considered to be a prop, but if it is intentionally removed during the performance it is considered a prop. Objects on the ice, thrown in the audience, placed on the boards or on the judges table are not permitted. Costumes that contain particles that may mar or leave anything on the ice surface (feathers, boas, excessive beading) are considered unsafe and are not permitted.

The deduction for inappropriate clothing or make-up props and accessories (1.0) will be determined by a majority of the judges and the referee.  
Illegal elements:

Somersault type jumps. Lying on the ice and prolonged and/or stationary kneeling on both knees on the ice

## VOCAL MUSIC MAY BE USED

Duration The maximum time is 1 minute and 40 seconds but may be less.  
Factor The points for each Program Component are multiplied by a factor of 1.0

# **BRACKNELL 2018 ADULT IJS OPEN, SINGLES AND ARTISTIC FREE SKATING CLASSES - GENERAL NOTES**

**CLOSING DATE SATURDAY 10 MARCH 2018**

**The competition will be held on Friday 20 April 2018 at Bracknell Ice Rink.**

## **TECHNICAL REQUIREMENTS**

All technical requirements are as listed under each class.

### **Rules**

The competitions will be held under NISA regulations and are open to eligible members as defined by NISA.

**The Committee of Bracknell Ice Skating Club reserves the right to refuse entry without reason or to cancel a competition or combine classes due to insufficient entries.**

Entries will not be accepted unless the technical requirements have been properly completed on the entry form.

Entries will be limited determined by the time available and a reserve list will operate up until the draw.

The timetable and draw for the skating order will be posted on the BISC website after the closing date.

**Please note that all classes are designed to be compatible with NISA BAC/ISU guidelines for adult skating and that skaters may only enter one class from events S1 – S14 (Singles) and AF1 – AF4 (Artistic)**

**Entry Fees £50 per class Singles and Artistic**

To register and enter for any of the events competitors should complete the online entry form. Programme content forms can also be submitted via a link at the same time as the registration and entry form. Please have all skater and coach details to hand as multiple classes can be entered and paid for together. Payment is by PayPal or Debit/Credit card only. Confirmation of registration and entry form details will be emailed to competitors along with receipt of payment. Entry fees will not be refunded for withdrawals after the closing date. Refunds will be via PayPal.

Please note that if the provisional timetable reaches capacity before the official closing date of Saturday 10 March 2018 no further entries will be accepted. All registrations will be recorded with date and time of receipt to ensure that the allocation of places is administered fairly. The reserve list will also be strictly on a date of application received basis. Any reserve list refunds will be by PayPal. Please email [adult.competitions@bracknell-ice-skating-club.co.uk](mailto:adult.competitions@bracknell-ice-skating-club.co.uk) if you have any queries.

**Music on compact disc (with an additional copy) only will be accepted.** THESE SHOULD BE CLEARLY MARKED with name, address and competition and handed in at the club reception table on arrival, there should be just one track recorded.

Trophies must be signed for and held at the winner's risk. They must be returned in good condition to the Trophy Secretary, Bracknell Ice Skating Club by **(date to be confirmed)** or on request.

Flash photography will not be permitted during warm-ups or competitions, either on the ice or at the rink side.

Video photography is allowed with the prior permission of the skaters concerned.