

MONDAY		No's	Warm up time	No of Warm ups
13:45	Beginner PD Dance 1	5	00:03:00	1
14:00	Level 1PD Dance 1	2	00:03:00	1
14:10	Level 2PD Dance 1	3	00:03:00	1
14:20	Level 3PD Dance 1	13	00:03:00	2
15:00	Beginner PD Dance 2	5	00:03:00	1
15:15	Level 1PD Dance 2	2	00:03:00	1
15:20	Level 2PD Dance 2	3	00:03:00	1
15:30	Level 3PD Dance 2	13	00:03:00	2
16:10	Resurface			
16:25	Beginner Free Dance	4	00:03:00	1
16:45	Level 1 Free Dance	2	00:03:00	1
	Level 2 Free Dance	3		
17:05	Level 3 Free Dance	13	00:03:00	2
18:05	Presentations (8)			

Combined warm up

TUESDAY				Warm up		
08:30	Juvenile PD Dance 1 Men	1	00:03:00	2		Combined warm up
	Juvenile PD Dance 1 Ladies	12				
09:10	Primary PD Dance 1 Men	2	00:03:00	2		Combined warm up
	Primary PD Dance 1 Ladies	13				
10:00	Juvenile PD Dance 2 Men	1	00:03:00	2		Combined warm up
	Juvenile PD Dance 2 Ladies	12				
10:40	Resurface					
10:55	Primary PD Dance 2 Men	2	00:03:00	2		Combined warm up
	Primary PD Dance 2 Ladies	12				
11:40	Juvenile Free Dance Men	1	00:04:00	2		Combined warm up
	Juvenile Free Dance Ladies	12				
12:40	Presentations - (6) & Lunch					
13:25	Basic Novice PD Dance 1 Men	2	00:03:00	2		Combined warm up
	Basic Novice PD Dance 1 Ladies	10				
14:10	Advanced Novice PD Dance 1 Ladies	4	00:03:00	1		
14:25	Basic Novice PD Dance 2 Men	2	00:03:00	2		Combined warm up
	Basic Novice PD Dance 2 Ladies	10				
15:05	Advanced Novice PD Dance 2 Ladies	4	00:03:00	1		
15:25	Resurface					Combined warm up
15:40	Primary Free Dance Men	1	00:04:00	2		
	Primary Free Dance Ladies Group 1	13				
16:45	Basic Novice Free Dance Men	2	00:04:00	2		Combined warm up
	Basic Novice Free Dance Ladies	11				
17:50	Advanced Novice Free Dance Ladies	4	00:04:00	1		
18:15	Presentations (10)					

WEDNESDAY					
08:30	Basic Novice Couples PD Dance 1		3	00:03:00	1
08:45	Junior Short Dance Ladies		12	00:05:00	2
09:55	Senior Short Dance Ladies		3	00:05:00	1
10:15	Basic Novice Couples PD Dance 2		3	00:03:00	1
10:30	Resurface				
10:45	Junior Free Dance Ladies		13	00:05:00	3
	Senior Free Dance Ladies		1		
12:15	Basic Novice Couples Free Dance		3	00:05:00	1
12:35	Junior Couples Free Dance		1	00:05:00	1
12:45	Presentations (7)				

Combined warm up